



2026 Benefit Summary Renew Home Modern Health Program

Modern Health is a mental wellness platform that you and your dependents have access to, as a benefit offered by Renew Home. Modern Health believes that quick access to personalized mental health support can have a profound impact on your day-to-day -- whether that's at home, at work, or in your relationships. Through Modern Health, you have access to a full spectrum of resources to improve your emotional, professional, social, physical, and financial well-being.

At no cost to you, you may register and take advantage of these resources. To register, you can either download the Modern Health app or visit my.modernhealth.com and create an account. If you have trouble registering for Modern Health, please don't hesitate to reach out to help@modernhealth.com with a note or screenshot. The Modern Health customer support team will verify the information against what they have on file with Renew Home to provide you the best instructions on how to successfully access Modern Health.

Benefit Highlights

Up to 12 virtual or in-person therapy visits per employee per year
Up to 12 virtual or in-person therapy for an employee's dependents* per dependent per year. <small>*available to dependents 0+ in the US and 6+ outside of the US</small>
Up to 12 virtual coaching visits with certified coaches per employee per year
Up to 12 virtual coaching visits with certified coaches for an employee's dependents 18 years or older, per dependent per year.
Unlimited messaging with 1:1 providers
Unlimited access to Web and mobile apps for employees and dependents 18 years or older, including access to evidenced based courses, meditation library, and assessments
Unlimited access to group support sessions through Community Circles
EAP services through Modern Health <ul style="list-style-type: none">- 24/7 Phone Line: Globally-available phone line for crisis support (staffed by masters' level clinicians), onboarding, and technical assistance- Work-Life Services: Referrals to services such as childcare, eldercare, financial & legal support, education support, convenience services, and more- Supervisory Services: Access to professional consultants that can help managers and leaders navigate employee performance, team conflicts, and workplace crises